

••• ACTIVE •••

DISABILITY SERVICES

AWARDS



SPÓRT ÉIREANN
SPORT IRELAND





About the Awards

The Active Disability Services Awards have been developed to recognise and reward Disability Services throughout Ireland who have shown leadership and commitment to helping people with disabilities stay active and healthy.

Being physically active at any level is hugely important to our health and wellbeing especially for people with disabilities. Providing activities that encourage active and healthy lifestyles can greatly influence a persons mood, energy, happiness and overall wellbeing.

These awards aim to champion the innovative physical activity, health promotion and community inclusion initiatives that have arisen as a result of the Disability Service engaging with our 'Active Healthy Me' programme. Active Healthy Me aims to empower people with disabilities to take control of their own health & wellbeing through an online education programme, facilitated by staff within Disability Days Services all across Ireland.





Award Categories

Initiative Categories

1 Best Physical Activity Initiative

This award recognises the successful delivery of an outstanding initiative/project/event that encourages inclusive physical activity participation and active healthy lifestyles for service users.

2 Best Outdoor Activity Initiative

This award recognises the successful delivery of an outstanding outdoor activity initiative/project/event that encourages inclusive physical activity participation in the outdoors.

3 Best Healthy Lifestyle Initiative

This award recognises an initiative/project/event with a focus on the education on the benefits of living a healthy lifestyle and that encourage healthy habit behaviour change for service users and staff members

4 Best Community Engagement Initiative

This award recognises an outstanding initiative/project/event that is delivered in collaboration between a Disability Service and other local stakeholders i.e. Local Sports Partnership,, sports club etc. It recognises the connection between the service and the community and the impact on enhancing opportunities for service users to be active and healthy.



Award Categories

People Categories

5 Active Champion - Male

This award recognises an outstanding male service user who regularly participates in physical activity and inspires others to be active and lead healthy lifestyles

6 Active Champion - Female

This award recognises an outstanding female service user who regularly participates in physical activity and inspires others to be active and lead healthy lifestyles

7 Best Active Healthy Me Staff Leader

This award recognises an outstanding staff member for their commitment and effort when delivering the Active Healthy Me programme within their Disability Day Service.

8 Best Disability Organisation Senior Management

This award recognises a management team that shows leadership, innovation and commitment to enhancing the health and wellbeing of their service users. Healthy lifestyle choices are embedded into the culture of the organisation and is reflected in operational planning and policy making





Key Dates

Monday 8th January 2024	Application process will go live on website
Friday 9th February 2024	Application Closing Date
Monday 4th March 2024	Finalists Announced
TBA	Awards Ceremony

