

Inclusive Participation for Programmes & Events



Making Your Programmes & Events Inclusive for People With Disabilities

Openness

Be Open and Understanding of all people with disabilities

- Show your organisations commitment to inclusion by signing the Sports Inclusion Disability Charter
- Create an open inclusive environment for all to participate
- Ensure people with disabilities feel welcome

People

Access training for your staff and or volunteers to facilitate the inclusion of people with disabilities

- Provide staff/volunteers/coaches the opportunity to complete Disability Awareness training
- Use appropriate communication & language
- Speak to the person directly not their carer/parent/guardian
- Use interpreters for any speeches/presentations/ interviews etc.

Facilities

Review your facility/venue/equipment to make sure your it is accessible

- Consider accessibility requirements (Parking, public transport, entry/exit points, toilets, changing facilities)
- Is there a room that could be used as a 'quite zone' for anyone who may need it during the event/programme?
- Consider an autism friendly hour during the day e.g. Lower noise levels, softer lighting, reduced crowds, temperature control etc.
- Develop a floor plan for venue/location being used this may outline accessibility information, sensory map, or easy read version of the floor plan

Activities

Develop and deliver Inclusive activities

- Ensure activities are fully inclusive and not separate to main activities
- If necessary, adapt and modify activities to make them more inclusive and accessible for all ability levels
- Ensure that events or programmes are accessible and alternative equipment or methods of teaching are available
- Consider changing the way a particular exercise/skill is thought or instructed e.g. verbal instruction, visual instruction, physical demonstration
- Can the rules/regulations of the sport/activity be adapted?

Promotion

Promote the inclusive nature of your activities in a variety of formats

- Use positive inclusive imagery on promotional materials
- Ensure various methods of communication are used for promotion e.g. large print text on posters, video with captions, easy read version of documents, image descriptions on social media etc.
- Promote all accessibility considerations across website and online platforms
- Have representation of people with disabilities involved in the event/programme

For more information contact info@activedisability.ie

   www.activedisability.ie

#BeInclusive # SportInclusion