

Communication Passport

Autism in Sport and Physical Activity



About Me

Name:

I like to be called:

My interests are:



Autism in Sport Passport

**For further information (if required)
please contact:**

Name:	
Phone Number:	

How I prefer to communicate:

Verbally	☐
Visually	☐
Demonstrations	☐

I use:

PECS	☐
AAC Device	☐
Other: _____	☐

What helps me thrive in sport and physical activity:

Smaller groups	☐
1 - to - 1 support when learning new skills	☐
Positive encouragement	☐
Clear structure and routine	☐
Knowing the plan for the session	☐
Other: _____	☐

Sensory Preferences

Loud noise can be difficult	☐
Brights lights can be difficult	☐
I prefer limited physical contact	☐
I may need a quiet space	☐
Other: _____	☐



If I get overwhelmed, It helps when:

I can take a short break

Instructions are repeated calmly

I am give space

A familiar coach speaks to me

Other: _____

Additional information, I feel you may need:

Head Office

Sports Academy Building, Munster
Technological University, North Campus,
Tralee, Co. Kerry.

Dublin Office

Irish Sport HQ, Sport Ireland Campus,
Snugborough Road, Blanchardstown,
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